

## Dates to Remember.

**Mitre 10 BBQ.**  
(Volunteers always welcome)

14<sup>th</sup> & 15<sup>th</sup> September

Saturday 9 am to 1.00 pm  
Sunday 10 am to 1 pm

<b>Tool box meetings</b>	28 <sup>th</sup> Aug 11 <sup>th</sup> & 25 <sup>th</sup> September	10.30 am
<b>Committee Meeting.</b>	19 <sup>th</sup> Aug & 16 <sup>th</sup> September	9.30 am
<b>Guest Speaker.</b>	28 <sup>th</sup> August	10.30 am
<b>Annual General Meeting.</b>	23 <sup>rd</sup> October	11.00 am
<b>Bread Run.</b>	28 <sup>th</sup> Aug, 11 <sup>th</sup> & 25 <sup>th</sup> September	6.30 pm to 8 pm
<b>Afternoon Shed opening.</b>	Every Thursday	4.00 pm close
<b>Walking Group – Terry Brown.</b>	Every Tuesday and Thursday	9.30 am



Coming together is a beginning.

Keeping together is progress

Working together is success.

Quote from Henry Ford



Morning all,

Well the cool days are still with us and the numbers are looking good for member attendance at the Shed. We are averaging around seventeen per day with Thursday afternoons having around four additional.

The northern area fence is well on the way with the Scottish regiment in control and they are receiving plenty of advice from members, most of which falls on deaf ears. Firewood is still creating work for us as well as the much needed funds to maintain the shed.

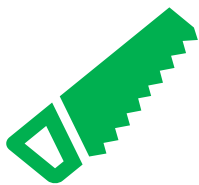
The Mitre 10 BBQ crews are coming on board thanks to the persistence of Liam but would all the crew check the procedure prior to the Saturday morning to ensure a smooth transition.

The biannual **AMSA Shed National Gathering** that is being held in Adelaide from the 10<sup>th</sup> of September has received a great deal of publicity the latest one in the SENIOR magazine. Secretary Gary will be attending on our behalf and I am sure that he will bring some great ideas for discussion at our regular toolbox meetings. The July guest speaker, Allan Perrott gave members an insight as to how the new Superannuation rules that began on July 1<sup>st</sup> will be affecting them. Thanks Allan. We have approached GFG and Simec Mining for a guest speaker on the 28<sup>th</sup> August, should we not be successful we have a backup to be brought by Ken Godden which should be applicable to Sheddors.

Thanks once again to Peter for this interim Newsletter and a reminder that Peter has indicated that he would appreciate a successor beginning in January.

All nominations please form a queue at my desk any Wednesday please!

Brian Marshall



Xmas in July 2019



Amanda and the 'Likely lads.'

Deb and Gary Misan.



Dave and Moira.



Anne Godden, Carmel Haldane, and Margaret Visi.

pg. 2

President-Brian Marshall-0408 849 653

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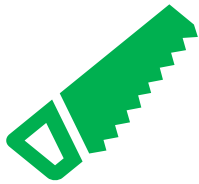
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Incorporation number A41739

Williams Street Whyalla SA (08) 8644 1484



Julie Sheedy and Collen Shaw



Margaret and John Visi

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## Muster

Confirmed for October 18. Will start at 10:00am at Mt Laura Homestead Museum with tour of museum, morning tea, guest speakers, lunch (charcoal chicken or BBQ) and trivia quizzes. After lunch will move to shed for look at shed and classic car display, and afternoon tea finishing at 3:00pm. Raffle to be held on the day. G Misan has written to several organisations seeking sponsorship and reported we have received \$500 for the event from the Council. More promotional information shortly.

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## Quote n' Joke

A lie gets halfway around the world before the truth has had a chance to get its pants on

Winston Churchill.

A multinational company held a reception to celebrate Christmas. The waiter gave each guest a glass of champagne, but on inspection, each guest noticed that his or her glass contained a fly.

The Swede asked for new champagne in the same glass.

The Englishman demanded to have new champagne in a new glass...

The Finn picked out the fly out and drank the champagne.

The Russian drank the champagne, fly and all.

The Chinese ate the fly but left the champagne.

The Israeli caught the fly and sold it to the Chinese.

The Italian drank two thirds of the champagne and then demanded to have a new glass.

pg. 3

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Men Care Too aims to increase



awareness and recognition of men in unpaid, informal caring roles.

The 2015 [Survey of Disability, Ageing and Carers](#) in

Australia identified and estimated 272K men providing primary care to someone significant in their life and around 927K men with caring responsibilities but not a primary carer.

These numbers represent just a tick under 1.2 Million Australian men in caring roles.

Sons, Brothers, Fathers, Uncles, Husbands, Neighbours and Mates all helping someone they care about who may have a disability, mental illness, chronic condition, terminal illness, alcohol, or other drug issue or who are frail aged.

Men Care Too is focused on three areas -

#### **AWARENESS**

Men Care Too encourages men to identify the significance of providing unpaid care and support to another person, to speak up about the challenging and positive sides of the caring role. More men talking about the caring role and accessing services will help increase awareness and reduce isolation by growing visible communities of men in caring roles.

#### **WELLBEING**

With pressure on men at all stages of life to meet expectations from society, family, and friends it is important for men to take time out and focus on their own health and wellbeing. Real or perceived issues can take a toll physically and mentally so along with the obvious prescription to eat well and be physically active, Men Care Too encourages all men to find ways to break out of their regular routine and enjoy new or interesting activities and places. Whether it is a few hours one day a week or one day a month, this time out can be vital to your wellbeing...

#### **ENGAGEMENT**

Service Providers, Organisations, Employers and Education Providers are encouraged to recognise and develop strategies to engage with men in caring roles. This can be achieved through hosting events and activities that include men, providing male friendly literature, offering services specifically aimed at men and meeting with men to discuss their specific challenges.

Men Care Too is designed to be a conversation starter.

It's only ten days to the end of winter!

pg. 4

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OK, YOU'RE A YEAR

**Older,**

and older than you've

ever been

**BEFORE.**

But you're a year

**YOUNGER**

then you'll be this time

*next year*

and in fact,

younger

*then you'll*

**EVER BE AGAIN**

did you follow that?

**GOOD  
AT LEAST YOUR  
MIND**

Is still working

## Where Men Work at Play

What is the Shed?

A place where blokes can go to other blokes, to socialise, to share a story, to laugh, to share a cuppa, to learn and to teach, to fix and make things and to have fun.

What to blokes do at the shed?

Whatever they like (within reason), including nothing.

Who can join?

All men of all ages and backgrounds.

How much does it cost?

\$15 per quarter or  
\$50 a year. We  
also ask for a \$2  
donation for  
tea/coffee and  
biscuits



Is alcohol allowed?

No, if you need a drink there are plenty of pubs around town!

Can women join?

Yes, but why.

What if I smoke?

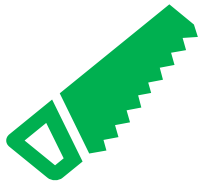
Don't worry, we have fire extinguishers on the premises to put you out.

## My Shed.

My shed is important to me because it gives me a reason to get up in the morning and something important to tell my family in the evening .

Please be advised that membership fees for the 2019/20 financial year are now overdue.

Can you please make arrangements to pay the fee immediately?



Whyalla Men's Shed Inc Annual General Meeting 23<sup>rd</sup> October at 11.00 am.

All members are urged to attend and should consider nominate for a Committee position.

## YOUR COMMITTEE.



Role.	Member.	Contact.
<b>President</b>	Brian Marshall	<b>0408 849 653</b>
<b>Vice President, Workshop coordinator.</b>	John Visi	<b>0428 584 588</b>
<b>Treasurer</b>	Helga Fleming	<b>0427 452 540</b>
<b>Secretary</b>	Gary Misan	<b>0408 894 168</b>
<b>Metal shop coordinator.</b>	Bill Collins	<b>0447 095 978</b>
<b>OH &amp; S Officer &amp; fundraising chair.</b>	Davey Anderson (Sr.)	<b>0429 965 894</b>
<b>Grounds coordinator &amp; Housekeeping trainer</b>	Johnson Darkwa	<b>0416 524 629</b>
<b>Assistant woodshop coordinator social events &amp; fundraising</b>	Liam Sheedy	<b>0451 175 071</b>
<b>Garden coordinator.</b>	Malcolm Roberts	<b>0419 851 476</b>
<b>Chef extraordinaire &amp; materials management</b>	Marcus Sutton	<b>0497 869 309</b>
<b>Assistant metal shop, coordinator Shed machinery &amp; equipment check</b>	Neil Jones	<b>0427 869 309</b>
<b>Assistant woodshop coordinator</b>	Tony Johnstone	<b>08 8644 1093</b>
<b>Purchasing &amp; member liaison officer</b>	Tony Shaw	<b>0418 440 125</b>